

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * FERRO DENNIS H					2. Issuer Name and Ticker or Trading Symbol PRINCIPAL FINANCIAL GROUP INC [PFG]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
												ctor		10% (Owner	
(Last)	(First)	(Mid	3.	3. Date of Earliest Trans				ction (MM/	DD/YYYY) Office below)	cer (give title below)		Other (specify			
711 HIGH ST	REET							8/15/20)12							
	(Street)				4. If Amendment, Date Original Filed (MM/DD/YYYY)							6. Individual or Joint/Group Filing (Check Applicable Line)				
DES MOINES (City)	S, IA 50 (State)	392 (Zip))										Reporting Pe than One Rep		n	
		Table l	- Non-I	Deriv	ativ	e Secu	ritie	s Acquir	ed, Dispo	sed of, o	r Beneficiall	y Owned	1			
1.Title of Security (Instr. 3)			2. Tra	ans.	Deemed Execution Date, if any		ode (nstr. 8)	4. Securities Acquired (A) Disposed of (Instr. 3, 4 an (A) or Amount (D)	or Foll (Ins d 5)		ant of Securities Beneficially Owned ng Reported Transaction(s) and 4)			7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Tab	le II - De	rivative	Securitio	es Be	enefi	icially (Own	ned (<i>e.g.</i>	, puts, cal	lls, warr	ants, options	, convert	ible secur	rities)		
1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans Code (Instr 8)	s. I s S r. A	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date				8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr.	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code		(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction (s) (Instr. 4)	(4)		
Phantom Stock Units	(1)	8/15/2012		A		38		(2)	(2)	Common Stock	38	\$26.31	8733.9	D		

Explanation of Responses:

- (1) The units convert to common stock on a one-for-one basis.
- (2) The reported phantom stock units were acquired pursuant to the Principal Deferred Compensation Plan for Non-Employee Directors and will be settled on the reporting person's retirement.

Reporting Owners

		Relationships							
Reporting Owner Name / Addre	Director	10%	Owner	Officer	Other				
FERRO DENNIS H									
711 HIGH STREET	X								
DES MOINES, IA 50392									

Signatures

Joyce N. Hoffman 8/16/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.