

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE
COMMISSION
Washington, D.C. 20549**

OMB APPROVAL
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[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * PIZZUTI EVERETT V <small>(Last) (First) (Middle)</small> ASTROMED, 600 E GREENWICH AVENUE <small>(Street)</small> WEST WARWICK, RI 02893 <small>(City) (State) (Zip)</small>	2. Issuer Name and Ticker or Trading Symbol ASTRO MED INC /NEW/ [ALOT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director _____ 10% Owner <input type="checkbox"/> Officer (give title below) _____ Other (specify below)
3. Date of Earliest Transaction (MM/DD/YYYY) <p align="center">3/21/2014</p>		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
4. If Amendment, Date Original Filed (MM/DD/YYYY)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	V	Amount	(A) or (D)				Price
Common Stock	3/21/2014		M		21250	A	\$7.9316	264372	D	
Common Stock	3/21/2014		M		14000	A	\$11.4450	278372	D	
Common Stock	3/21/2014		M		6275	A	\$8.9500	284647	D	
Common Stock	3/21/2014		M		5000	A	\$6.2200	289647	D	
Common Stock	3/21/2014		M		5000	A	\$7.3600	294647	D	
Common Stock	3/21/2014		M		6800	A	\$8.3500	301447	D	
Common Stock	3/21/2014		F (1)		40809	D	\$13.77	260638	D	

Table II - Derivative Securities Beneficially Owned (e.g. , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	V	(A)	(D)	Date Exercisable	Expiration Date				
Stock Option (Right to Purchase)	\$7.9316	3/21/2014		M		21250	3/20/2007	3/20/2016	Common Stock	21250	\$0	0	D	
Stock Option (Right to Purchase)	\$11.4450	3/21/2014		M		14000	4/12/2008	4/12/2017	Common Stock	14000	\$0	0	D	
Stock Option (Right to Purchase)	\$8.9500	3/21/2014		M		6275	4/1/2009	4/1/2018	Common Stock	6275	\$0	0	D	
Stock Option (Right to Purchase)	\$6.2200	3/21/2014		M		5000	3/18/2010	3/18/2019	Common Stock	5000	\$0	0	D	
Stock Option (Right to Purchase)	\$7.3600	3/21/2014		M		5000	3/15/2011	3/15/2020	Common Stock	5000	\$0	0	D	
Stock Option (Right		3/21/2014						3/29/2022	Common					

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1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
to Purchase)	\$8.3500			M			6800	3/29/2013			Stock	6800	\$0	0	D	

Explanation of Responses:

- (1) The reporting person delivered 40,809 shares of the issuer's common stock to the issuer to pay the exercise price of and taxes on the exercise of the options reported herein.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
PIZZUTI EVERETT V ASTROMED 600 E GREENWICH AVENUE WEST WARWICK, RI 02893	X			

Signatures

Margaret D. Farrell (Attorney-in-fact for Everett V. Pizzuti)

3/24/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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