

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *				2. Is	2. Issuer Name and Ticker or Trading Symbol							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Ondis April				AS'	TR	O MED	INC	C/NE	W /	[ALO	T]					
(Last) (First) (Middle)			3. D	3. Date of Earliest Transaction (MM/DD/YYYY)							Director X 10% Owner Officer (give title below) Other (specify below)					
C/O ASTRO-MED, INC., 600 E GREENWICH AVENUE					3/17/2014							Officer (give	title below)		other (specif	y below)
W WARWICK,	(Street)	93		4. If	Am	nendment,	Date	Origin	nal Fi	iled (MM	/DD/YYYY)	6. Individual or Line) _ X _ Form filed by	One Report	ing Person		plicable
(City)	(State)	(Zip)	ble I - No	n-Deriv	ativ	e Securit	ies Ac	cquire	d, Di	isposed	of, or Bei	Form filed by M		ne Reporting	Person	
1.Title of Security (Instr. 3)				2. Trans. Date	I E	2A. Deemed Execution Date, if any	3. Tran Code (Instr. 8	8) I	Dispos	red (A) or sed of (D) 3, 4 and 5)	Follow (Instr.	ount of Securities Ber ving Reported Transa 3 and 4)		wned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
	Table II	- Derivat	ive Secur	ities Be	nefic	cially Ov	vned ([e.g.,]	puts,	, calls, v	varrants,	options, conve	rtible sec	curities)		
(Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	Deemed	4. Trans. Code (Instr. 8)	D A D	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		and Expiration Date		7. Title and Securities U Derivative S (Instr. 3 and	nderlying Security	(Instr. 5)	of derivative Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercis		Expiration Date	Title	Amount or Number of Shares		Reported Transaction (s) (Instr. 4)	(I) (Instr. 4)	
Stock Option (Right to Purchase)	\$14.20	3/17/2014		A		600		(1)) 3	3/17/2024	Common Stock	600	\$0	600	D	

Explanation of Responses:

(1) This option becomes exercisable in four equal annual installments commencing on the first anniversary of the grant date.

Reporting Owners

Paperting Owner Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Ondis April							
C/O ASTRO-MED, INC.							
600 E GREENWICH AVENUE		X					
W WARWICK, RI 02893							

Signatures

Margaret D. Farrell (Attorney-in-Fact for April Ondis)

** Signature of Reporting Person

3/19/2014

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.