

ARC DOCUMENT SOLUTIONS, INC.

Reported by
ROY RAHUL K

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 03/19/14 for the Period Ending 03/18/14

Address	1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596
Telephone	925 949-5100
CIK	0001305168
Symbol	ARC
SIC Code	7330 - Mailing, Reproduction, Commercial Art And
Industry	Business Services
Sector	Services
Fiscal Year	12/31

FORM 4

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**UNITED STATES SECURITIES AND EXCHANGE
COMMISSION
Washington, D.C. 20549**

OMB APPROVAL
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Roy Rahul K (Last) (First) (Middle) C/O ARC DOCUMENT SOLUTIONS, INC., 1981 N. BROADWAY, SUITE 385 (Street) WALNUT CREEK, CA 94596 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol ARC DOCUMENT SOLUTIONS, INC. [ARC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) Chief Technology Officer
3. Date of Earliest Transaction (MM/DD/YYYY) <p align="center">3/18/2014</p>		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
4. If Amendment, Date Original Filed (MM/DD/YYYY)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock								43253	D	
Common Stock	3/18/2014		M		600	A	\$5.852	43853	D	
Common Stock	3/18/2014		S		600	D	\$7.225	43253	D	
Common Stock	3/18/2014		M		1200	A	\$5.852	44453	D	
Common Stock	3/18/2014		S		1200	D	\$7.23	43253	D	
Common Stock	3/18/2014		M		200	A	\$5.852	43453	D	
Common Stock	3/18/2014		S		200	D	\$7.235	43253	D	
Common Stock	3/18/2014		M		2228	A	\$5.852	45481	D	
Common Stock	3/18/2014		S		2228	D	\$7.24	43253	D	
Common Stock	3/18/2014		M		2453	A	\$5.852	45706	D	
Common Stock	3/18/2014		S		2453	D	\$7.25	43253	D	
Common Stock	3/18/2014		M		2600	A	\$5.852	45853	D	
Common Stock	3/18/2014		S		2600	D	\$7.26	43253	D	
Common Stock	3/18/2014		M		1100	A	\$5.852	44353	D	
Common Stock	3/18/2014		S		1100	D	\$7.27	43253	D	
Common Stock	3/18/2014		M		981	A	\$5.852	44234	D	
Common Stock	3/18/2014		S		981	D	\$7.28	43253	D	
Common Stock	3/18/2014		M		700	A	\$5.852	43953	D	

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			Code	V	Amount	(A) or (D)	Price			
Common Stock	3/18/2014		S		700	D	\$7.29	43253	D	
Common Stock	3/18/2014		M		733	A	\$5.852	43986	D	
Common Stock	3/18/2014		S		733	D	\$7.30	43253	D	
Common Stock	3/18/2014		M		279	A	\$5.852	43532	D	
Common Stock	3/18/2014		S		279	D	\$7.31	43253	D	
Common Stock	3/18/2014		M		700	A	\$5.852	43953	D	
Common Stock	3/18/2014		S		700	D	\$7.32	43253	D	
Common Stock	3/18/2014		M		561	A	\$5.852	43814	D	
Common Stock	3/18/2014		S		561	D	\$7.33	43253	D	
Common Stock	3/18/2014		M		300	A	\$5.852	43553	D	
Common Stock	3/18/2014		S		300	D	\$7.34	43253	D	

Table II - Derivative Securities Beneficially Owned (e.g. , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$5.852	3/18/2014		X		600		5/1/2010 (I)	5/30/2014	Common Stock	600	\$5.852	93786	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		1200		5/1/2010 (I)	5/30/2014	Common Stock	1200	\$5.852	92586	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		200		5/1/2010 (I)	5/30/2014	Common Stock	200	\$5.852	92386	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		2228		5/1/2010 (I)	5/30/2014	Common Stock	2228	\$5.852	90158	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		2453		5/1/2010 (I)	5/30/2014	Common Stock	2453	\$5.852	87705	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		2600		5/1/2010 (I)	5/30/2014	Common Stock	2600	\$5.852	85105	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		1100		5/1/2010 (I)	5/30/2014	Common Stock	1100	\$5.852	84005	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		981		5/1/2010 (I)	5/30/2014	Common Stock	981	\$5.852	83024	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		700		5/1/2010 (I)	5/30/2014	Common Stock	700	\$5.852	82324	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		733		5/1/2010 (I)	5/30/2014	Common Stock	733	\$5.852	81591	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		279		5/1/2010 (I)	5/30/2014	Common Stock	279	\$5.852	81312	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		700		5/1/2010	5/30/2014	Common	700	\$5.852	80612	D	

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				Code	V		(A)	(D)	Date Exercisable	Expiration Date				
to buy)							(1)		Stock					
Stock Option (right to buy)	\$5.852	3/18/2014		X		561	5/1/2010 (1)	5/30/2014	Common Stock	561	\$5.852	80051	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		300	5/1/2010 (1)	5/30/2014	Common Stock	300	\$5.852	79751	D	

Explanation of Responses:

(1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Remarks:

3/18/2014 - FORM A

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596			Chief Technology Officer	

Signatures

/s/ Rahul K. Roy

3/19/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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