

ARC DOCUMENT SOLUTIONS, INC.

Reported by
ROY RAHUL K

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 03/19/14 for the Period Ending 03/17/14

Address	1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596
Telephone	925 949-5100
CIK	0001305168
Symbol	ARC
SIC Code	7330 - Mailing, Reproduction, Commercial Art And
Industry	Business Services
Sector	Services
Fiscal Year	12/31

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE
COMMISSION
Washington, D.C. 20549**

OMB APPROVAL
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[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Roy Rahul K (Last) (First) (Middle) C/O ARC DOCUMENT SOLUTIONS, INC., 1981 N. BROADWAY, SUITE 385 (Street) WALNUT CREEK, CA 94596 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol ARC DOCUMENT SOLUTIONS, INC. [ARC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) ___ Director ___ 10% Owner ___ X ___ Officer (give title below) ___ Other (specify below) Chief Technology Officer
3. Date of Earliest Transaction (MM/DD/YYYY) <p align="center">3/17/2014</p>		6. Individual or Joint/Group Filing (Check Applicable Line) ___ X ___ Form filed by One Reporting Person ___ Form filed by More than One Reporting Person
4. If Amendment, Date Original Filed (MM/DD/YYYY)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock								43253	D	
Common Stock	3/17/2014		M		900	A	\$5.852	44153	D	
Common Stock	3/17/2014		S		900	D	\$7.30	43253	D	
Common Stock	3/17/2014		M		100	A	\$5.852	43353	D	
Common Stock	3/17/2014		S		100	D	\$7.31	43253	D	
Common Stock	3/17/2014		M		1100	A	\$5.852	44353	D	
Common Stock	3/17/2014		S		1100	D	\$7.34	43253	D	
Common Stock	3/17/2014		M		200	A	\$5.852	43453	D	
Common Stock	3/17/2014		S		200	D	\$7.35	43253	D	
Common Stock	3/18/2014		M		400	A	\$5.852	43653	D	
Common Stock	3/18/2014		S		400	D	\$7.16	43253	D	
Common Stock	3/18/2014		M		100	A	\$5.852	43353	D	
Common Stock	3/18/2014		S		100	D	\$7.165	43253	D	
Common Stock	3/18/2014		M		300	A	\$5.852	43553	D	
Common Stock	3/18/2014		S		300	D	\$7.17	43253	D	
Common Stock	3/18/2014		M		749	A	\$5.852	44002	D	
Common Stock	3/18/2014		S		749	D	\$7.18	43253	D	
Common Stock	3/18/2014		M		100	A	\$5.852	43353	D	

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			Code	V	Amount	(A) or (D)	Price			
Common Stock	3/18/2014		S		100	D	\$7.185	43253	D	
Common Stock	3/18/2014		M		200	A	\$5.852	43453	D	
Common Stock	3/18/2014		S		200	D	\$7.19	43253	D	
Common Stock	3/18/2014		M		100	A	\$5.852	43353	D	
Common Stock	3/18/2014		S		100	D	\$7.20	43253	D	
Common Stock	3/18/2014		M		500	A	\$5.852	43753	D	
Common Stock	3/18/2014		S		500	D	\$7.21	43253	D	
Common Stock	3/18/2014		M		200	A	\$5.852	43453	D	
Common Stock	3/18/2014		S		200	D	\$7.215	43253	D	
Common Stock	3/18/2014		M		665	A	\$5.852	43918	D	
Common Stock	3/18/2014		S		665	D	\$7.22	43253	D	

Table II - Derivative Securities Beneficially Owned (e.g. , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$5.852	3/17/2014		X		900		5/1/2010 (1)	5/30/2014	Common Stock	900	\$5.852	99100	D	
Stock Option (right to buy)	\$5.852	3/17/2014		X		100		5/1/2010 (1)	5/30/2014	Common Stock	100	\$5.852	99000	D	
Stock Option (right to buy)	\$5.852	3/17/2014		X		1100		5/1/2010 (1)	5/30/2014	Common Stock	1100	\$5.852	97900	D	
Stock Option (right to buy)	\$5.852	3/17/2014		X		200		5/1/2010 (1)	5/30/2014	Common Stock	200	\$5.852	97700	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		400		5/1/2010 (1)	5/30/2014	Common Stock	400	\$5.852	97300	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		100		5/1/2010 (1)	5/30/2014	Common Stock	100	\$5.852	97200	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		300		5/1/2010 (1)	5/30/2014	Common Stock	300	\$5.852	96900	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		749		5/1/2010 (1)	5/30/2014	Common Stock	749	\$5.852	96151	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		100		5/1/2010 (1)	5/30/2014	Common Stock	100	\$5.852	96051	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		200		5/1/2010 (1)	5/30/2014	Common Stock	200	\$5.852	95851	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		100		5/1/2010 (1)	5/30/2014	Common Stock	100	\$5.852	95751	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		500		5/1/2010	5/30/2014	Common	500	\$5.852	95251	D	

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1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
to buy)								(1)		Stock					
Stock Option (right to buy)	\$5.852	3/18/2014		X		200		5/1/2010 (1)	5/30/2014	Common Stock	200	\$5.852	95051	D	
Stock Option (right to buy)	\$5.852	3/18/2014		X		665		5/1/2010 (1)	5/30/2014	Common Stock	665	\$5.852	94386	D	

Explanation of Responses:

(1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596			Chief Technology Officer	

Signatures

/s/ Rahul K. Roy

3/19/2014

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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