

GOLDEN STAR RESOURCES LTD.

Reported by WASEL S MITCHEL

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 03/09/09 for the Period Ending 03/05/09

Telephone 416 583 3800

CIK 0000903571

Symbol GSS

SIC Code 1040 - Gold And Silver Ores

Industry Gold & Silver

Sector Basic Materials

Fiscal Year 12/31





] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE **COMMISSION**

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP **OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *					2. Issuer Name and Ticker or Trading Symbol							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Wasel S Mitch	nel					LDEN SS 1	ST	AR RE	SOUR	CES L	ΓD Directe	or	_	10% O	wner	
(Last)					. Da	ate of Ear	rlies	st Transac		DD/YYYY	below)	X Officer (give title below) below) Vice President, Exploration			er (specify	
10901 W. TOI 300	LLER I	ORIVE	E, SUIT	E				3/5/200) 9							
	(Street)					Amendm DD/YYYY)		, Date Ori	iginal File	ed	6. Individi Applicable Li		nt/Group l	Filing (Che	eck	
LITTLETON (City)	, CO 80 (State)	127 (Zij	p)										Reporting Pe than One Rep		n	
		Table	I - Non-	Deriv	vati	ve Secur	itie	s Acquire	ed, Dispo	sed of, o	r Beneficially	y Owned	l			
1. Title of Security (Instr. 3)				2. Tr. Date		2A. Deemed Execution Date, if	n C (I	ode Anstr. 8) D	. Securities acquired (A) Disposed of (Instr. 3, 4 an (A) or (D)	or Foll (Ins d 5)	mount of Securitic owing Reported T tr. 3 and 4)			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
Tabl	le II - Dei	rivative	Securiti	es Be	enef	ficially O	wn	ed (<i>e.g.</i> ,	puts, cal	lls, warr	ants, options	, convert	ible secur	ities)		
1. Title of Derivate Security (Instr. 3)	3. Trans. Date		Code	8) S	. 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date				8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following	Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction (s) (Instr. 4)	(I) (Instr. 4)		
Common Share Options (Rt. to Buy)	\$1.469 (1)	3/5/2009		A		75000		3/5/2009	3/5/2019	Common Shares	75000	\$0	219000	D		

Explanation of Responses:

- (1) The exercise price is CD\$1.89; this amount is the US\$ equivalent on the grant date (CD\$1.00=US\$0.7774)
- (2) Vesting schedule is as follows: 25% on grant date; 25% on 1st, 2nd and 3rd anniversaries of the grant date.

Reporting Owners

Paparting Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Wasel S Mitchel 10901 W. TOLLER DRIVE SUITE 300 LITTLETON, CO 80127			Vice President, Exploration					

Signatures

S. Mitchel Wasel 3/9/2009 Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.