

TRUEBLUE, INC. Reported by NORTH GARY WILLIAM

FORM 4

(Statement of Changes in Beneficial Ownership)

Filed 06/08/04 for the Period Ending 06/07/04

Address 1015 A STREET

TACOMA, WA 98402

Telephone 253-383-9101

CIK 0000768899

Symbol TBI

SIC Code 7363 - Help Supply Services

Industry Business Services

Sector Services

Fiscal Year 12/31





[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *				2	2. Issuer Name and Ticker or Trading Symbol							ng Syml		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
NORTH GARY WILLIAM					LABOR READY INC [LRW]													
(Last)	(First) (Middle)				3. Date of Earliest Transaction (MM/DD/YYYY)								1)	Director 10% Owner X Officer (give title below) Other (specify				
1015 A. STREET, P.O. BOX 2910													below)					
(Street)					4. If Amendment, Date Original Filed (MM/DD/YYYY)									6. Individual or Joint/Group Filing (Check Applicable Line)				
TACOMA, W	A 9840	1											V Form	filed by One	Donostina Do	wa on		
(City) (State) (Zip)														_ X _ Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
			2. Tra Date			Code	Code (A (D (D) or Disposed		d of Fo	Amount of Secur llowing Reported astr. 3 and 4)		es Beneficially Owned Fransaction(s)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Coo	-	V Am	-	(D)	Price				4) D		
Common stock 6/7				6/7/20	004		M	1	500	00	A S	\$8.75		25383				
Common stock 6				6/7/20	004		S	5	500	00	D \$	614.25	20383 (1)			D		
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	Deemed	Code	ans. 5. Number of Derivative 2. 8) Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)		A) or (D)	and Expiration Date Securities Derivati (Instr. 3				Securities	,	8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following	Ownership Form of Derivative	Beneficial	
				Code	V	(A) (D)	- 1	Date Exercisa		Expiration ble Date		Title	Amount or Number of Shares		Transaction (s) (Instr. 4)	4)		
Options (Right to buy)	\$8.75	6/7/2004		M		5000	0	1/18/2	2001	1/18	/2005	Common	5000	\$8.75	5000	D		

Explanation of Responses:

- (1) As of June 1, 2004, Mr. North also indirectly owned 888 Labor Ready Stock Units (Labor Ready 401(k) Plan). Each Unit consists of Labor Ready common stock and a cash component.
- (2) Options subject to this grant vest over a 4 year period in equal annual installments.

Reporting Owners

Paparting Owner Name / Address	Relationships								
Reporting Owner Name / Address	Director	10%	Owner	Officer	Other				
NORTH GARY WILLIAM									
1015 A. STREET				 Vice President					
P.O. BOX 2910				vice President					
TACOMA, WA 98401									

Matthew S. Topham, Attorney-in-Fact

6/8/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.