

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF
THE SECURITIES EXCHANGE ACT OF 1934

DATE OF REPORT
(DATE OF EARLIEST EVENT REPORTED)

March 23, 2004

ASTRO-MED, INC
(EXACT NAME OF REGISTRANT AS SPECIFIED IN ITS CHARTER)

COMMISSION FILE NUMBER 0-13200

RHODE ISLAND	05-0318215
(STATE OR OTHER JURISDICTION OF INCORPORATION OR ORGANIZATION)	(IRS EMPLOYER IDENTIFICATION NUMBER)

600 EAST GREENWICH AVENUE, WEST WARWICK, RI 02893
(ADDRESS OF PRINCIPAL EXECUTIVE OFFICES, INCLUDING ZIP CODE)

(401-828-4000)
(REGISTRANT'S TELEPHONE NUMBER, INCLUDING AREA CODE)

ITEM 7. FINANCIAL STATEMENTS AND EXHIBITS

(c) Exhibit

Exhibit no. Exhibit

99.1 Press Release dated March 23, 2004

ITEM 12. RESULTS OF OPERATIONS AND FINANCIAL CONDITION

On March 23, 2004, Astro-Med, Inc. issued a press release in which it disclosed unaudited financial information related to fourth quarter and twelve month consolidated earnings. A copy of the press release relating to such announcement, dated March 23, 2004, is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

This information shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrants have duly caused this report to be signed on their behalf by the undersigned thereunto duly authorized.

DATE: March 23, 2004

ASTRO-MED, INC.

By: /s/ Joseph P. O'Connell

Joseph P. O'Connell
Vice President and Treasurer Chief
Financial Officer

INDEX TO EXHIBITS

Exhibit No.

99.1

Exhibit

Press Release Dated March 23, 2004

 PRESS RELEASE

ASTRO-MED, INC.
 600 East Greenwich Avenue
 West Warwick, Rhode Island 02893

Astro-Med Reports Record Fourth Quarter and Annual Sales;
 Directors Declare Regular Cash Dividend

For Immediate Release

Contact: Albert W. Ondis, CEO
 Joseph P. O'Connell, CFO
 Astro-Med, Inc.
 (401) 828-4000
 March 23, 2004

West Warwick, RI -- Astro-Med, Inc. (NASDAQ:ALOT) reports net income of \$1,000,000, equal to 18 cents per diluted share, on sales of \$14,157,000 for the Fourth Quarter ended January 31, 2004. During the corresponding period of the previous year, the Company reported a net loss of \$1,095,000, equal to 26 cents per diluted share, on sales of \$12,968,000.

For the twelve month period ended January 31, 2004, net income was \$3,217,000, equal to 66 cents per diluted share, on sales of \$55,781,000. During the preceding fiscal year, the Company reported a net loss of \$1,882,000, or 44 cents per diluted share, on sales of \$49,165,000.

Commenting on the results, Albert W. Ondis, Chief Executive Officer stated, "We had set a goal of returning the Company to a path of sales growth and profitability in Fiscal 2004 and I am pleased to report we have achieved those financial objectives. Our sales have grown 13%, net income margins reached 6% after tax, and we added \$5.3 million in cash and investments to our balance sheet. We believe with Astro-Med's suite of new products, broad channels of distribution, dedicated organization, financial controls and solid balance sheet, the Company is poised to continue its growth in both sales and earnings."

On March 22, 2004 the Directors of Astro-Med declared the regular quarterly cash dividend of 4 cents per share payable on April 2, 2004 to shareholders of record on March 22, 2004.

Astro-Med will host a conference call today at 5:00 PM EST to discuss its Fourth Quarter and Fiscal Year financial results. Participants are encouraged to listen to the presentation via webcast at <http://www.astro-med.com> under "Investor Relations". A replay of the webcast can be heard by visiting the Investor Relations section of the Astro-Med corporate website at <http://www.astro-med.com> through March 31st, 2004.

Astro-Med, Inc. is a leading manufacturer of high tech specialty printing systems, electronic medical instrumentation, and test and measurement instruments employed around the world in a wide range of industrial, scientific, and medical applications.

ASTRO-MED, INC.

Fourth Quarter

Twelve-Months Ended

	January 31, 2004	January 31, 2003	January 31, 2004	January 31, 2003
Net Sales	\$14,157,000	\$12,968,000	\$55,781,000	\$49,165,000
Net Income (Loss)	\$1,000,000	(\$1,095,000)	\$3,217,000	(\$1,882,000)
Net Income (Loss) Per Share - Basic	\$0.21	(\$0.26)	\$0.73	(\$0.44)
Net Income (Loss) Per Share - Diluted	\$0.18	(\$0.26)	\$0.66	(\$0.44)
Dividends Per Share	\$0.04	\$0.04	\$0.16	\$0.16
Weighted Average Common Shares Outstanding - Basic	4,686,000	4,270,000	4,397,000	4,269,000
Weighted Average Common Shares Outstanding - Diluted	5,428,000	4,270,000	4,856,000	4,269,000

Safe Harbor Statement

This news release contains forward-looking statements, and actual results may vary from those expressed or implied herein. Factors that could affect these

results include those mentioned in Astro-Med's FY2003 annual report and its annual and quarterly filings with the Securities and Exchange Commission.

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