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**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

**WASHINGTON, D.C. 20549**

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**FORM 8-K**

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**CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF  
THE SECURITIES EXCHANGE ACT OF 1934**

**DATE OF REPORT  
(DATE OF EARLIEST EVENT REPORTED)**

**January 26, 2009**

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**ASTRO-MED, INC**

**(EXACT NAME OF REGISTRANT AS SPECIFIED IN ITS CHARTER)**

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**COMMISSION FILE NUMBER      0-13200**

**Rhode Island**  
(State or Other Jurisdiction of Incorporation or  
Organization)

**05-0318215**  
(IRS Employer Identification Number)

**600 EAST GREENWICH AVENUE, WEST WARWICK, RI 02893**  
(ADDRESS OF PRINCIPAL EXECUTIVE OFFICES, INCLUDING ZIP CODE)

**(401-828-4000)**  
(REGISTRANT'S TELEPHONE NUMBER, INCLUDING AREA CODE)

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**ITEM 5.02 APPOINTMENT OF PRINCIPAL OFFICER**

On January 26, 2009, the Board of Directors of Astro-Med, Inc. (the "Company") appointed Erik J. Mancyak, 33, as the Company's corporate controller and principal accounting officer. A press release regarding the appointment of Mr. Mancyak is attached hereto as Exhibit 99.1

Mr. Mancyak has served as assistant corporate controller of the Company since July 1, 2008 and prior to that was an accounting manager with the Company beginning July 1, 2005. From April 1, 2003 through June 30, 2005, he was employed by American Power Conversion in Kingston, Rhode Island as a financial analyst and senior treasury analyst. From September 15, 2001 through March 31, 2003 Mr. Mancyak was employed by the international accounting firm KPMG LLP as an auditor.

**ITEM 9.01. FINANCIAL STATEMENTS AND EXHIBITS**

**(c) Exhibit**

<b>Exhibit no.</b>	<b>Exhibit</b>
99.1	Press Release dated January 29, 2009

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrants have duly caused this report to be signed on their behalf by the undersigned thereunto duly authorized.

**DATE: January 29, 2009**

**ASTRO-MED, INC.**

**By:** /s/ Joseph P. O'Connell

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Joseph P. O'Connell  
Senior Vice President, Treasurer and Chief Financial Officer

# PRESS RELEASE

600 East Greenwich Avenue  
West Warwick, Rhode Island 02893

*For Immediate Release*

**Contact: Joseph P. O'Connell, CFO**  
**Astro-Med, Inc.**  
**Tel: 800-343-4039**

**January 29, 2009**

## **Astro-Med Inc. Appoints New Corporate Controller**

WEST WARWICK, R.I. -- January 29, 2009 -- Astro-Med, Inc. (NASDAQ:ALOT) today announced that Erik J. Mancyak was appointed as the Company's Corporate Controller and Principal Accounting Officer by the Board of Directors, effective January 26, 2009.

Mr. Mancyak's appointment follows a search for a Corporate Controller.

Mr. Mancyak was made Assistant Corporate Controller in July of 2008 and earlier served as Astro-Med's Accounting Manager. Previously, Mr. Mancyak was Senior Treasury Analyst at American Power Conversion and was an auditor at the international accounting firm KPMG LLP.

Mr. Mancyak holds a B.S. in Accounting from Rhode Island College and retired as a Corporal in the United States Marine Corps. He currently resides in Richmond, RI with his wife and two children.

### **About Astro-Med, Inc.**

Astro-Med, Inc. (NASDAQ:ALOT) is a leading manufacturer of high tech specialty printing systems, electronic medical instrumentation, and test and measurement instruments sold under the brand names Astro-Med<sup>®</sup>, Grass<sup>®</sup> Technologies and QuickLabel<sup>®</sup> Systems. Astro-Med Inc. products are employed around the world in a wide range of industrial, scientific, test and measurement applications, for product identification applications in consumer and industrial markets, and for clinical and research purposes in the field of life sciences. More information is available at [www.astro-medinc.com](http://www.astro-medinc.com).

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