
UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF
THE SECURITIES EXCHANGE ACT OF 1934

DATE OF REPORT

(DATE OF EARLIEST EVENT REPORTED)

April 20, 2004

ASTRO-MED, INC

(EXACT NAME OF REGISTRANT AS SPECIFIED IN ITS CHARTER)

COMMISSION FILE NUMBER 0-13200

RHODE ISLAND05-0318215

(STATE OR OTHER JURISDICTION OF
INCORPORATION OR ORGANIZATION)

(IRS EMPLOYER IDENTIFICATION
NUMBER)

600 EAST GREENWICH AVENUE, WEST WARWICK, RI 02893

(ADDRESS OF PRINCIPAL EXECUTIVE OFFICES, INCLUDING ZIP CODE)

(401-828-4000)

(REGISTRANT'S TELEPHONE NUMBER, INCLUDING AREA CODE)

ITEM 5. Other Events and Required FD Disclosure

On April 20, 2004, Astro-Med, Inc. issued a press release in which it announced that the Board of Directors had declared a 10% stock dividend payable to shareholders of record as of May 4, 2004. It is anticipated that the dividend will be distributed on May 26, 2004. A copy of the press release relating to such announcement, dated April 20, 2004, is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

ITEM 7. FINANCIAL STATEMENTS AND EXHIBITS

(c) Exhibit

Exhibit no. Exhibit
99.1 Press Release dated April 20, 2004

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrants have duly caused this report to be signed on their behalf by the undersigned thereunto duly authorized.

DATE: April 21, 2004 ASTRO-MED, INC.

By: /s/ Joseph P. O'Connell

Joseph P. O'Connell
Vice President, Treasurer and
Chief Financial Officer

Exhibit No.**Exhibit**

99.1

Press Release Dated April 20, 2004

Exhibit 99.1 - Press Release

PRESS RELEASE

ASTRO-MED, INC.

600 East Greenwich Avenue
West Warwick, Rhode Island 02893

Astro-Med Announces 10% Stock Dividend

For Immediate Release

Contact: Albert W. Ondis, CEO
Joseph P. O'Connell, CFO April 20, 2004
Astro-Med, Inc.
(401) 828-4000

West Warwick, RI -- Astro-Med, Inc. (NASDAQ:ALOT) announced today that the Board of Directors has declared a 10% stock dividend payable to shareholders of record as of May 4, 2004. It is anticipated that the dividend will be distributed on May 26, 2004. The Company will continue to maintain a cash dividend rate of 16 cents per common share annually.

Commenting on the Board's action, Albert W. Ondis, Chairman and Chief Executive Officer stated, "The Board is very pleased to share the successful financial results of FY 2004 with all shareholders by declaring this additional stock dividend. The Company has realized marked progress in executing the strategic initiatives of growth and profitability in each Product Group: Test and Measurement, QuickLabel(R)Systems and Grass-Telefactor(R). We are very optimistic about Astro-Med's future and will continue to drive our strategic plan towards maximizing shareholder value.

Astro-Med, Inc. is a leading manufacturer of high tech specialty printing systems, electronic medical instrumentation, and test and measurement instruments employed around the world in a wide range of industrial, scientific, and medical applications.

Safe Harbor Statement

This news release contains forward-looking statements, and actual results may vary from those expressed or implied herein. Factors that could affect these results include those mentioned in Astro-Med's FY2004 annual report and its annual and quarterly filings with the Securities and Exchange Commission.

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