
UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

**CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF
THE SECURITIES EXCHANGE ACT OF 1934
DATE OF REPORT
(DATE OF EARLIEST EVENT REPORTED)**

August 29, 2013

ASTRO-MED, INC
(EXACT NAME OF REGISTRANT AS SPECIFIED IN ITS CHARTER)

COMMISSION FILE NUMBER 0-13200

RHODE ISLAND **05-0318215**
(STATE OR OTHER JURISDICTION (IRS EMPLOYER IDENTIFICATION NUMBER)
OF INCORPORATION OR
ORGANIZATION)

600 EAST GREENWICH AVENUE, WEST WARWICK, RI 02893
(ADDRESS OF PRINCIPAL EXECUTIVE OFFICES, INCLUDING ZIP CODE)

(401) 828-4000
(REGISTRANT'S TELEPHONE NUMBER, INCLUDING AREA CODE)

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

On August 29, 2013, Astro-Med, Inc. (the “Registrant”) announced the appointment of Gregory A. Woods, 54, as President and Chief Operating Officer of the Registrant. Mr. Woods joined the Registrant in September 2012 as Executive Vice President and Chief Operating Officer. Prior to joining the Registrant, Mr. Woods served as Managing Director of Medfield Advisors, LLC, an advisory firm located in Medfield, Massachusetts focused on providing corporate development and strategy guidance to technology driven manufacturing firms. From 2008 to 2010, Mr. Woods served as President of Performance Motion Devices, a specialty semiconductor and electronics manufacturer located in Lincoln, Massachusetts. In connection with his promotion to President, Mr. Woods’ base salary was increased to \$245,000.

A copy of the Registrant’s press release regarding the foregoing is attached hereto as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

(c) Exhibits

Exhibit No.	Exhibit
99.1	Press Release dated August 29, 2013

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on their behalf by the undersigned thereunto duly authorized.

ASTRO-MED, INC.

DATE: August 29, 2013

By: /s/ Joseph P. O'Connell

Joseph P. O'Connell
Senior Vice President, Treasurer and Chief
Financial Officer

PRESS RELEASE



**600 East Greenwich Avenue
West Warwick, Rhode Island 02893 USA**

For Immediate Release

**Contact: Everett V. Pizzuti, CEO
Joseph P. O'Connell, CFO
Tel: 800-343-4039
www.Astro-MedInc.com**

August 29, 2013

**Astro-Med, Inc. Promotes Gregory Woods to
President & Chief Operating Officer**

WEST WARWICK, RI – August 29, 2013 – Astro-Med, Inc. (NASDAQ:ALOT) announced today that Gregory A. Woods was promoted to President & Chief Operating Officer. Mr. Woods has served as Astro-Med's Executive Vice President and Chief Operating Officer since September 2012.

"Greg's efforts over the past 12 months have already paid dividends in our sales, manufacturing, and Research & Development departments. He has had a considerable impact on the implementation of the Company's strategic plans," said Everett V. Pizzuti, CEO, "and he is a major asset to the Company."

Mr. Woods joined the Company with a strong background in executive management within the electronics manufacturing sector. He previously served as President or CEO of several industrial electronics firms, including an electronic controls division of Danaher, the diversified global manufacturing company. In these roles, his strategic planning and managerial expertise led to significant domestic and international business growth.

He graduated with a BA in Physics from Colgate, a BE in Computer and Mechanical Engineering from Dartmouth, and received an MBA from the University of Rochester.

Mr. Woods is a member of several corporate boards and of the Board of the Association for Manufacturing Technology, through which he serves on the president's executive advisory board for high technology manufacturing in the United States.

He resides in Medfield, MA and is married with three children.

About Astro-Med, Inc.

Astro-Med, Inc. (NASDAQ: ALOT) is a Rhode Island based leading manufacturer of specialty high tech printing systems and data acquisition products. The products include color label printers and consumables sold under the QuickLabel Systems brand as well as rugged printers for avionics applications and data acquisition recorders sold under the Astro-Med brand. Astro-Med, Inc. is a member of the Russell Microcap[®] Index. Additional information is available by visiting www.Astro-MedInc.com.

Safe Harbor Statement

This news release contains forward-looking statements, and actual results may vary from those expressed or implied herein. Factors that could affect these results include those mentioned in Astro-Med's FY2013 Annual Report and its annual and quarterly filings with the Securities and

Exchange Commission.

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