

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
Woods Gregory A			ASTRO MED INC /NEW/ [ALOT]			<input checked="" type="checkbox"/> Director _____ 10% Owner <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) CHIEF EXECUTIVE OFFICER		
(Last) (First) (Middle)			3. Date of Earliest Transaction (MM/DD/YYYY)					
3 MONKS WAY			3/14/2016					
(Street)			4. If Amendment, Date Original Filed (MM/DD/YYYY)			6. Individual or Joint/Group Filing (Check Applicable Line)		
MEDFIELD, MA 02052						<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		
(City) (State) (Zip)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	3/14/2016		A (1)		7199	A	\$0.00	48997 (2)	D	
Common Stock	3/14/2016		A (3)		4030	A	\$0.00	53027	D	
Common Stock								55	I	Held in Employee Stock Ownership Plan

Table II - Derivative Securities Beneficially Owned (e.g. , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to purchase)	\$15.01	3/14/2016		A		50000		(4)	3/14/2026	Common Stock	50000	\$0.00	50000	D	
Restricted Stock Unit	(5)	3/14/2016		A		451		(6)	(6)	Common Stock	451	\$0.00	451	D	

Explanation of Responses:

- (1) Shares issued in settlement of performance based stock units earned on March 14, 2016. Shares are fully vested when earned.
- (2) Includes 906 shares acquired under the Astro-Med, Inc. Employee Stock Purchase Plan in January 2016.
- (3) Restricted stock award made to the reporting person under the reporting person's Equity Incentive Award Agreement with the issuer, which vest as follows: (i) 1,008 shares vest on the first anniversary of the grant date, (ii) 1,008 shares vest on the second anniversary of the grant date, (iii) 1,007 shares vest on the third anniversary of the grant date, and (iv) 1,007 shares vest on the fourth anniversary of the grant date.
- (4) The option vests in four equal annual installments commencing on the one year anniversary of the grant date.
- (5) Each restricted stock unit represents a contingent right to receive one share of ALOT common stock.
- (6) The restricted stock units vest in three equal annual installments beginning March 14, 2017.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

Woods Gregory A 3 MONKS WAY MEDFIELD, MA 02052	X	CHIEF EXECUTIVE OFFICER
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Signatures

/s/ Margaret V. Boericke, attorney-in-fact for Gregory Woods

3/16/2016

^{**}Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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